

Accessing Memory	Elephant, Owl, Thinking Cap
Accessing Positive Self-Concept	Positive Points, Hook ups, Balance Buttons
Accounting	Space Buttons, Space Buttons, Balance Buttons, Thinking Cap, Owl, Energy Yawn, Elephant, Calf Pump, Neck rolls, Gravity Glider
Active Listening	Thinking Cap, Cross Crawl, Elephant, Hook up's
ADD/ADHD	Space Buttons, Rainbow, Hook up's, Alphabet 8s, Balance Buttons, Elephant, Water, Calf Pump, Footflex
Afternoon Slump	Water, Brain Buttons, Earth Buttons, Space Buttons, Balance Buttons, Belly Breathing, Energiser, Hook up's, Positivity Points, Cross Crawl
Aggression	Positivity Points, Hook-ups, Belly Breathing, Earth Buttons
Agility	Arm Activation, Gravity Glider, Cross Crawl, Energiser, Elephant, Owl, Rocker
Alertness	Brain Buttons, Earth Buttons, Space Buttons, Balance Buttons, Belly Breathing, Energiser, Hook up's, Positivity Points, Cross Crawl
Anger	Balance Buttons, Hook-ups, Positivity Points, Footflex, Calf Pump, Grounder, Gravity Glider, Arm Activation, Owl
Answering Questions	Calf Pump, Grounder, Footflex
Answering questions about material learnt	Calf Pump, Footflex, Grounder
Answering Telephones	Thinking Cap, Elephant, Owl
Apathy	Arm Activation, Gravity Glider, Cross Crawl, Energiser, Elephant, Owl, Rocker
Appreciating Your Own Appearance	Earth Buttons, Space Buttons, Balance Buttons
Arithmetic	Space Buttons, Space Buttons, Balance Buttons, Thinking Cap, Owl, Energy Yawn, Elephant, Calf Pump, Neck rolls, Gravity Glider
Art	Brain Buttons, Double Doodle, Think of an X, Neck Rolls, Alphabet 8s, Belly Breathing, Elephant, Cross Crawl, Lazy 8s, Rocker, Energiser, Footflex, Calf Pump, Energy Yawn
Assertive	Balance Buttons, Hook ups, Positivity Points
Assertiveness	Balance Buttons, Hook-ups, Positivity Points, Footflex, Calf Pump, Grounder, Gravity Glider, Arm Activation, Owl
Attention	Space Buttons, Rainbow, Hook up's, Alphabet 8s, Balance Buttons, Elephant, Water, Calf Pump, Footflex
Attention deficit	Space Buttons, Rainbow, Hook up's, Alphabet 8s, Balance Buttons, Elephant, Water, Calf Pump, Footflex
Attention to Detail	Brain Buttons, Earth Buttons, Space Buttons, Balance Buttons, Belly Breathing, Energiser, Hook up's, Positivity Points, Cross Crawl
Bad at spelling	Earth Buttons, Thinking Cap, Owl, Alphabet 8s, Lazy 8s, Brain Buttons, Space Buttons, Earth Buttons, Energy Yawn, Elephant
Balance	Hook up's, Gravity Glider, Grounder, Water, Energy Yawn, Thinking Cap, Space Buttons, Earth Buttons, Brain Buttons, Balance Buttons
Ball Handling	Water, Brain Buttons, Space Buttons, Earth Buttons, Balance Buttons, Double Doodle, Grounder, Think of an X, Rainbow, Neck Rolls, Alphabet 8s, Belly Breathing, Elephant, Cross Crawl, Lazy 8s, Rocker, Energiser, Energy Yawn, Thinking Cap
Being Comfortable at the Computer	Water, Brain Buttons, Balance Buttons, Neck Rolls, Hook-ups
Building	Brain Buttons, Double Doodle, Think of an X, Neck Rolls, Alphabet 8s, Belly Breathing, Elephant, Cross Crawl, Lazy 8s, Rocker, Energiser

Calm	Positivity Points, Hook-ups, Belly Breathing, Earth Buttons
Carrying out Instructions	Thinking Cap, Balance Buttons, Owl, Elephant, Cross Crawl, Hook-ups, Positivity Points
Clumsiness	Hook up's, Gravity Glider, Grounder, Water, Energy Yawn, Thinking Cap, Space Buttons, Earth Buttons, Brain Buttons, Balance Buttons, Cross Crawl, Double Doodle, Grounder, Think of an X, Rainbow, Rocker
Cold Calling	Positivity Points, Thinking Cap, Owl, Cross Crawl
Comfort Working Alone	Water, Brain Buttons, Cross Crawl, Hook up's
Comfortable Air Travel	Balance Buttons, Elephant, Lazy 8s, Cross Crawl, Hook ups, Positivity Points
Communicating Effectively	Calf Pump, Footflex, Lazy 8s, Energy Yawn, Grounder, Think of an X, Owl, Arm Activation, Gravity Glider
Communicating with Clients	Energy Yawn, Footflex, Calf Pump, Gravity Glider
Completing Tasks	Thinking Cap, Balance Buttons, Owl, Elephant, Cross Crawl, Positivity Points, Hook-ups, Energy Yawn, Footflex, Calf Pump
Composing Letters	Calf Pump, Footflex, Owl, Energy Yawn
Comprehension	Footflex, Gravity Glider, Grounder, Calf Pump, Elephant, Thinking Cap, Owl, Energy Yawn, Positivity Points
Concentration	Space Buttons, Rainbow, Hook up's, Alphabet 8s, Balance Buttons, Elephant, Water, Calf Pump, Footflex
Conducting Interviews	Footflex, Calf Pump, Energy Yawn, Lazy 8s
Confidence	Calf Pump, Footflex, Lazy 8s, Energy Yawn, Grounder, Think of an X, Owl, Arm Activation, Gravity Glider
Coordinating Invoices and Products	Balance Buttons, Owl, Cross Crawl, Lazy 8s
Coordinating Processes at the Keyboard	Arm Activation, Double Doodle, Lazy 8s, Alphabet 8s
Coordination	Brain Buttons, Space Buttons, Earth Buttons, Cross Crawl, Double Doodle, Grounder, Think of an X, Rainbow, Rocker
Crankiness	Positivity Points, Hook-ups, Belly Breathing, Earth Buttons
Creative Thinking	Think of an X, Cross Crawl, Energiser, Rocker, Double Doodle, Owl, Arm Activation, Footflex, Calf Pump, Gravity Glider, Grounder
Creative writing	Calf Pump, Footflex, Energy Yawn, Lazy 8s, Alphabet 8s, Arm Activation, Double Doodle, Energy Yawn
Creativity	Double Doodle, Footflex, Calf Pump, Energy Yawn, Arm Activation, Gravity Glider, Cross Crawl, Energiser, Elephant, Owl, Rocker
Dancing	Brain Buttons, Space Buttons, Earth Buttons, Cross Crawl, Double Doodle, Grounder, Think of an X, Rainbow, Rocker
Data Entry	Water, Brain Buttons, Neck Rolls, Hook-ups
Dealing with Disappointment	Positivity Points, Hook ups
Deep Breathing	Earth Buttons, Arm Activation, Elephant, Gravity Glider, Energiser, Owl, Rocker
Delegating Responsibility	Grounder, Gravity Glider, Owl
Developing Rapport	Footflex, Energy Yawn, Lazy 8s, Calf Pump
Development	Space Buttons, Think of an X, Energy Yawn, Thinking Cap, Earth Buttons, Brain Buttons, Balance Buttons
Difficulty remembering things	Elephant, Thinking Cap, Owl, Energy Yawn, Positivity Points
Disruptive	Positivity Points, Hook-ups, Belly Breathing, Earth Buttons
Drama	Double Doodle, Footflex, Calf Pump, Energy Yawn
Dreamy	Brain Buttons, Earth Buttons, Space Buttons, Balance Buttons, Belly Breathing, Energiser, Hook up's, Positivity Points, Cross Crawl

Driving	Brain Buttons, Earth Buttons, Space Buttons, Balance Buttons, Belly Breathing, Energiser, Hook up's, Positivity Points, Cross Crawl, Think of an X, Energy Yawn, Thinking Cap,
Driving with Comfort	Balance Buttons, Lazy 8s, Hook ups, Positivity Points
Dyslexia	Earth Buttons, Thinking Cap, Owl, Alphabet 8s, Lazy 8s, Brain Buttons, Space Buttons, Earth Buttons, Energy Yawn, Elephant, Arm Activation, Double Doodle
Energy	Water, Hook up's, Positivity Points, Belly Breathing, Rocker, Energiser
Engineer	Space Buttons, Space Buttons, Balance Buttons, Thinking Cap, Owl, Energy Yawn, Elephant, Calf Pump, Neck rolls, Gravity Glider
Entering Data with Speed, Accuracy & Comfort	Water, Brain Buttons, Neck Rolls, Hook up's
Enthusiasm	Water, Hook up's, Positivity Points, Belly Breathing, Rocker, Energiser
Exams	Brain Buttons, Earth Buttons, Space Buttons, Balance Buttons, Belly Breathing, Energiser, Hook up's, Positivity Points, Cross Crawl
Expressing Leadership Skills	Footflex, Calf Pump, Energy Yawn, Lazy 8s
Expression	Arm Activation, Gravity Glider, Cross Crawl, Energiser, Elephant, Owl, Rocker
Exuberance	Arm Activation, Gravity Glider, Cross Crawl, Energiser, Elephant, Owl, Rocker
Eye Teaming	Brain Buttons, Rainbow, Double Doodle
Eyestrain	Water, Brain Buttons, Earth Buttons, Lazy 8s, Cross Crawl, Think of an X
Fatigue	Brain Buttons, Earth Buttons, Space Buttons, Balance Buttons, Belly Breathing, Energiser, Hook up's, Positivity Points, Cross Crawl
Feeling Comfortable on the Telephone	Balance Buttons, Elephant, Owl, Arm Activation, Energy Yawn, Thinking Cap
Fidgety	Space Buttons, Rainbow, Hook up's, Alphabet 8s, Balance Buttons, Elephant, Water, Calf Pump, Footflex
Filing	Balance Buttons, Earth Buttons, Space Buttons
Filing	Balance Buttons, Earth Buttons, Space Buttons
Filing out Repetitive Paperwork	Brain Buttons, Earth Buttons, Arm Activation, Lazy 8s, Alphabet 8s
Filling Out Forms	Arm Activation, Double Doodle, Alphabet 8s, Energy Yawn
Finance	Space Buttons, Space Buttons, Balance Buttons, Thinking Cap, Owl, Energy Yawn, Elephant, Calf Pump, Neck rolls, Gravity Glider
Finds change upsetting	Space Buttons, Rainbow, Hook up's, Alphabet 8s, Balance Buttons, Elephant, Water, Calf Pump, Footflex
Flexibility	Arm Activation, Gravity Glider, Cross Crawl, Energiser, Elephant, Owl, Rocker
Focus	Brain Buttons, Earth Buttons, Space Buttons, Balance Buttons, Belly Breathing, Energiser, Hook up's, Positivity Points, Cross Crawl, Rocker, Owl, Arm Activation, Footflex, Calf Pump, Gravity Glider, Grounder
Following Instructions	Thinking Cap, Elephant, Owl, Hook-ups
Following through	Hook-ups, Energy Yawn, Footflex, Calf Pump
Following Up	Rocker, Energiser, Cross Crawl
Frustration	Balance Buttons, Hook-ups, Positivity Points, Footflex, Calf Pump, Grounder, Gravity Glider, Arm Activation, Owl
Giving Constructive Criticism	Neck Rolls, Energy Yawn, Belly Breathing
Gross Motor Skills	Brain Buttons, Space Buttons, Earth Buttons, Cross Crawl, Double Doodle, Grounder, Think of an X, Rainbow, Rocker
Group projects	Rocker, Calf Pump, Balance Buttons, Cross Crawl, Double Doodle, Footflex, Lazy 8s

Group work	Rocker, Calf Pump, Balance Buttons, Cross Crawl, Double Doodle, Footflex, Lazy 8s
Hand-eye Coordination	Brain Buttons, Double Doodle, Think of an X, Neck Rolls, Alphabet 8s, Belly Breathing, Elephant, Cross Crawl, Lazy 8s, Rocker, Energiser
Handling Complaints	Footflex, Gravity Glider, Calf Pump
Handling Criticism	Calf Pump, Hook-ups, Positivity Points
Handling Criticism	Calf Pump, Hook up's, Positivity Points
Handling Multiple Tasks	Brain Buttons, Grounder, Hook ups
Handling Objections Calmly	Energy Yawn, Neck Rolls, Belly Breathing
Handling Personal Decisions	Footflex, Grounder, Calf Pump, Gravity Glider
Handling Rejection	Belly Breathing, Neck Rolls, Energy Yawn, Positivity Points, Hook up's
Happiness	Water, Hook up's, Positivity Points, Belly Breathing, Rocker, Energiser, Balance Buttons
Healing	Positivity Points, Hook-ups, Balance Buttons, Belly Breathing
Health	Positivity Points, Hook-ups, Balance Buttons, Belly Breathing, Earth Buttons, Arm Activation, Elephant, Gravity Glider, Energiser, Owl, Rocker
Hearing	Thinking Cap, Elephant, Owl, Hook-ups
Holding to Objectives	Balance Buttons, Hook ups, Positivity Points
Holding to Values	Calf Pump, Footflex, Energy Yawn Hook ups
Homework	Hook-ups, Energy Yawn, Footflex, Calf Pump
Impulse Control	Balance Buttons, Hook-ups, Positivity Points, Footflex, Calf Pump, Grounder, Gravity Glider, Arm Activation, Owl, Space Buttons, Rainbow, Hook up's, Alphabet 8s,
Inputting with Accuracy	Brain Buttons, Balance Buttons, Earth Buttons, Thinking Cap
Interpreting Legal Codes and Language	Brain Buttons, Earth Buttons, Lazy 8s, Positivity Points
Irritability	Positivity Points, Hook-ups, Belly Breathing, Earth Buttons
Job Interview	Positivity Points, Hook up's, Grounder, Neck Rolls, PACE: 1. Drink Water, 2. Brain Buttons, 3. Cross Crawl, 4. Hook up's
Keeping a Sense of Humour	Rocker, Arm Activation, Thinking Cap, Energy Yawn, Hook up's
Keyboarding with Dexterity	Brain Buttons Balance Buttons, Earth Buttons, Arm Activation, Double Doodle, Lazy 8s
Lack of rhythm	Positivity Points, Hook Up's, Calf Pump, Belly Breathing
Lateness	Positivity Points, Hook Up's, Calf Pump, Belly Breathing
Leading Meetings	Calf Pump, Brain Buttons, Balance Buttons, Hook ups
Learning	Elephant, Thinking Cap, Owl, Energy Yawn, Positivity Points, Hook up's
Learning Disability	Arm Activation, Double Doodle, Lazy 8s, Alphabet 8s, Thinking Cap, Double Doodle
Leaving Voice Mail Messages	Hook up's, Energy Yawn, Calf Pump, Energiser
Lethargy	Water, Brain Buttons, Earth Buttons, Space Buttons, Balance Buttons, Belly Breathing, Energiser, Hook up's, Positivity Points, Cross Crawl
Letter Reversals	Brain Buttons, Space Buttons, Earth Buttons, Cross Crawl, Double Doodle, Grounder, Think of an X, Rainbow, Rocker, Lazy 8s, Alphabet 8s, Energy Yawn, Elephant, Thinking Cap
Listening	Thinking Cap, Elephant, Owl, Hook-ups, Energy Yawn, Footflex, Calf Pump, Thinking Cap, Cross Crawl
Maintaining Comfort with Other People	Calf Pump, Footflex, Lazy 8s, Energy Yawn, Energiser
Maintaining Positivity Energy	Positivity Points, Hook up's, Balance Buttons

Maintaining Postural Flexibility	Arm Activation, Cross Crawl, Gravity Glider, Energiser
Maintaining Self-Control	Balance Buttons, Hook up's, Positivity Points
Maintaining Telephone Voice Quality	Elephant, Energy Yawn, Owl, Thinking Cap, Hook ups
Maintaining Enthusiasm	Hook up's, Calf Pump, Gravity Glider
Maintaining Inventory & Supplies	Cross Crawl, Grounder, Gravity Glider, Owl, Energiser
Managing Resources	Balance Buttons, Earth Buttons, Space Buttons
Marketing	Double Doodle, Footflex, Calf Pump, Energy Yawn
Math Skills	Space Buttons, Space Buttons, Balance Buttons, Thinking Cap, Owl, Energy Yawn, Elephant, Calf Pump, Neck rolls, Gravity Glider
Maximising Programming Abilities	Calf Pump, Elephant, Neck Rolls, Owl
Meeting	Positivity Points, Hook up's, Grounder, Neck Rolls, PACE: 1. Drink Water, 2. Brain Buttons, 3. Cross Crawl, 4. Hook up's
Meeting Quotas	Earth Buttons, Space Buttons, Balance Buttons
Memorising a Script	Owl, Elephant, Energy Yawn, Thinking Cap
Memory	Elephant, Thinking Cap, Owl, Energy Yawn, Positivity Points
Mindfulness	Positivity Points, Hook-ups, Belly Breathing, Earth Buttons
Modeling Good Co-Worker Relations	Cross Crawl, Rocker, Neck Rolls, Energy Yawn, Belly Breathing
Mood Swings	Balance Buttons, Hook-ups, Positivity Points, Footflex, Calf Pump, Grounder, Gravity Glider, Arm Activation, Owl, Belly Breathing, Earth Buttons
Morning Fatigue	Water, Brain Buttons, Earth Buttons, Space Buttons, Balance Buttons, Belly Breathing, Energiser, Hook up's, Positivity Points, Cross Crawl, Rocker
Motor Development	Brain Buttons, Space Buttons, Earth Buttons, Cross Crawl, Double Doodle, Grounder, Think of an X, Rainbow, Rocker
Movement	Brain Buttons, Space Buttons, Earth Buttons, Cross Crawl, Double Doodle, Grounder, Think of an X, Rainbow, Rocker
Music	Double Doodle, Footflex, Calf Pump, Energy Yawn
Numbers	Space Buttons, Space Buttons, Balance Buttons, Thinking Cap, Owl, Energy Yawn, Elephant, Calf Pump, Neck rolls, Gravity Glider
Operating ATM Machines	Water, Brain Buttons, Earth Buttons, Space Buttons, Lazy 8s
Optimism	Positivity Points, Hook-ups, Balance Buttons, Belly Breathing
Oral Reading	Neck Rolls, Energy Yawn, Cross Crawl, Rocker, Belly Breathing
Organisation	Elephant, Thinking Cap, Owl, Energy Yawn, Positivity Points, Earth Buttons, Space Buttons, Balance Buttons, Positivity Points, Hook Up's, Calf Pump, Belly Breathing
Organising and Completing Errands	Thinking Cap, Lazy 8s, Cross Crawl
Organising Bulk Mailings	Water, Grounder, Cross Crawl, Think of an X
Organising Paperwork	Double Doodle, Rocker Positivity Points
Packing & Categorising Boxes	Grounder, Gravity Glider, Brain Buttons, Earth Buttons, Space Buttons
Paying Attention to Detail	Brain Buttons, Cross Crawl, Earth Buttons, Lazy 8s
Photography	Double Doodle, Footflex, Calf Pump, Energy Yawn
Planning Long Term Strategies	Calf Pump, Grounder, Gravity Glider, Elephant

Playing Instrument	Brain Buttons, Double Doodle, Think of an X, Neck Rolls, Alphabet 8s, Belly Breathing, Elephant, Cross Crawl, Lazy 8s, Rocker, Energiser
Poor at spelling	Earth Buttons, Thinking Cap, Owl, Alphabet 8s, Lazy 8s, Brain Buttons, Space Buttons, Earth Buttons, Energy Yawn, Elephant
Poor Balance	Hook up's, Gravity Glider, Grounder, Water, Energy Yawn, Thinking Cap, Space Buttons, Earth Buttons, Brain Buttons, Balance Buttons
Poor eyesight	Water, Brain Buttons, Earth Buttons, Lazy 8s, Cross Crawl, Think of an X
Poor fine motor control	Arm Activation, Double Doodle, Lazy 8s, Alphabet 8s, Thinking Cap, Double Doodle
Poor handwriting	Arm Activation, Double Doodle, Lazy 8s, Alphabet 8s, Thinking Cap, Double Doodle
Poor Memory	Elephant, Thinking Cap, Owl, Energy Yawn, Positivity Points
Poor organisation	Positivity Points, Hook Up's, Calf Pump, Belly Breathing
Poor time management	Positivity Points, Hook Up's, Calf Pump, Belly Breathing
Positivity	Positivity Points, Hook-ups, Balance Buttons, Belly Breathing
Posture	Arm Activation, Gravity Glider, Cross Crawl, Energiser, Elephant, Owl, Rocker
Presentations	Brain Buttons, Earth Buttons, Space Buttons, Balance Buttons, Belly Breathing, Energiser, Hook up's, Positivity Points, Cross Crawl
Preventing Eyestrain at the Computer	Water, Brain Buttons, Cross Crawl, Lazy 8s
Problem Solving	Cross Crawl, Brain Buttons, Neck Rolls, Positivity Points
Projecting Confidence	Thinking Cap, Owl, Cross Crawl, Positivity Points
Projecting Confidence	Thinking Cap, Owl, Cross Crawl, Positivity Points
Public Speaking	Positivity Points, Hook up's, Grounder, Neck Rolls, PACE: 1. Drink Water, 2. Brain Buttons, 3. Cross Crawl, 4. Hook up's
Public Speaking	Elephant, Owl, Energy Yawn, Thinking Cap, Cross Crawl, Hook ups, Positivity Points
Puzzles	Brain Buttons, Double Doodle, Think of an X, Neck Rolls, Alphabet 8s, Belly Breathing, Elephant, Cross Crawl, Lazy 8s, Rocker, Energiser
Rage	Balance Buttons, Hook-ups, Positivity Points, Footflex, Calf Pump, Grounder, Gravity Glider, Arm Activation, Owl
Reading	Brain Buttons, Space Buttons, Earth Buttons, Cross Crawl, Double Doodle, Grounder, Think of an X, Rainbow, Rocker, Lazy 8s, Alphabet 8s, Elephant
Reading aloud	Neck Rolls, Energy Yawn, Cross Crawl, Rocker, Belly Breathing
Reading Comprehension	Calf Pump, Footflex, Gravity Glider, Grounder
Reading with Accuracy	Water, Brain Buttons, Earth Buttons, Lazy 8s, Cross Crawl
Reading without Eyestrain	Water, Brain Buttons, Earth utons, Lazy 8s, Cross Crawl, Think of an X
Releasing Neck, Shoulder & Back Tension	Thinking Cap, Arm Activation, Neck Rolls, Energiser, Elephant, Owl
Releasing Stress	Positivity Points, Hook up's, Grounder, Neck Rolls, PACE: 1. Drink Water, 2. Brain Buttons, 3. Cross Crawl, 4. Hook up's
Remembering Product Knowledge	Balance Buttons, Neck Rolls, Cross Crawl, Positivity Points
Repairs	Brain Buttons, Double Doodle, Think of an X, Neck Rolls, Alphabet 8s, Belly Breathing, Elephant, Cross Crawl, Lazy 8s, Rocker, Energiser

Rhythm	Brain Buttons, Space Buttons, Earth Buttons, Cross Crawl, Double Doodle, Grounder, Think of an X, Rainbow, Rocker
Rigidity	Arm Activation, Gravity Glider, Cross Crawl, Energiser, Elephant, Owl, Rocker
Scribbling instead of writing	Arm Activation, Double Doodle, Lazy 8s, Alphabet 8s, Thinking Cap, Double Doodle
Sedentary	Arm Activation, Gravity Glider, Cross Crawl, Energiser, Elephant, Owl, Rocker
Seeing Other Points of View	Calf Pump, Footflex, Hook up's
Self-expression	Calf Pump, Footflex, Lazy 8s, Energy Yawn, Grounder, Think of an X, Owl, Arm Activation, Gravity Glider
Sequencing Numbers with Precision	Calf Pump, Elephant, Neck rolls, Owl, Gravity Glider, Double Doodle
Setting and Meeting Goals	Water, Brain Buttons Cross Crawls, Hook ups
Setting Limits	Positivity Points, Hook up's, Balance Buttons
Setting Priorities	Space Buttons, Thinking Cap, Cross Crawl, Hook ups
Short Attention Span	Space Buttons, Rainbow, Hook up's, Alphabet 8s, Balance Buttons, Elephant, Water, Calf Pump, Footflex
Sitting Comfortably	Arm Activation, Grounder, Gravity Glider, Cross Crawl
Sleep difficulties	Positivity Points, Hook-ups, Belly Breathing, Earth Buttons
Sluggishness	Brain Buttons, Earth Buttons, Space Buttons, Balance Buttons, Belly Breathing, Energiser, Hook up's, Positivity Points, Cross Crawl, Rocker
Smooth reading	Brain Buttons, Cross Crawl, Lazy 8s, Butterfly, Tracking
Sociability	Rocker, Calf Pump, Balance Buttons, Cross Crawl, Double Doodle, Footflex, Lazy 8s
Social Interaction	Rocker, Calf Pump, Balance Buttons, Cross Crawl, Double Doodle, Footflex, Lazy 8s
Spatial Awareness	Space Buttons, Think of an X, Energy Yawn, Thinking Cap, Earth Buttons, Brain Buttons, Balance Buttons
Speaking Clearly	Energy Yawn, Thinking Cap, Elephant, Hook ups
Speed Reading	Calf Pump, Cross Crawl, Lazy 8s, Think of an X, Owl, Arm Activation, Footflex, Calf Pump, Gravity Glider, Grounder
Spelling	Earth Buttons, Thinking Cap, Owl, Alphabet 8s, Lazy 8s, Brain Buttons, Space Buttons, Earth Buttons, Energy Yawn, Elephant
Spelling with Accuracy	Earth Buttons, Elephant, Thinking Cap, Owl
Sports	Brain Buttons, Space Buttons, Earth Buttons, Cross Crawl, Double Doodle, Grounder, Think of an X, Rainbow, Rocker
Staying on Schedule	Belly Breathing, Earth Buttons, Balance Buttons, Positivity Points, Hook-up's
Story-telling	Elephant, Thinking Cap, Owl, Energy Yawn, Positivity Points
Study skills	Cross Crawl, Balance Buttons, Positivity Points, Neck Rolls
Surfing the Internet	Cross Crawl, Brain Buttons, Thinking Cap, Arm Activation
Tantrums	Balance Buttons, Hook-ups, Positivity Points, Footflex, Calf Pump, Grounder, Gravity Glider, Arm Activation, Owl
Team Building	Rocker, Calf Pump, Balance Buttons, Cross Crawl, Double Doodle, Footflex, Lazy 8s
Team work	Rocker, Calf Pump, Balance Buttons, Cross Crawl, Double Doodle, Footflex, Lazy 8s
Tiredness	Water, Brain Buttons, Earth Buttons, Space Buttons, Balance Buttons, Belly Breathing, Energiser, Hook up's, Positivity Points, Cross Crawl
Trouble following instructions	Calf Pump, Footflex, Gravity Glider, Owl
Troubleshooting Hardware/Software Problems	Earth Buttons, Space Buttons, Energiser, Hook up's

Troubleshooting of Equipment Problems	Earth Buttons, Space Buttons, Energiser, Hook up's
Using Mechanical Skills	Brain Buttons, Arm Activation Cross Crawl
Using Tact	Calf Pump, Grounder, Gravity Glider, Footflex
Vitality	Water, Hook up's, Positivity Points, Belly Breathing, Rocker, Energiser, Balance Buttons
Working in Columns	Brain Buttons, Cross Crawl, Earth Buttons, Space Buttons, Lazy 8s
Working Together	Rocker, Calf Pump, Balance Buttons, Cross Crawl, Double Doodle, Footflex, Lazy 8s
Working with Lists on the Computer	Earth Buttons, Space Buttons, Balance Buttons
Writing	Water, Alphabet 8s, Arm Activation, Belly Breathing, Brain Buttons, Cross Crawl, Double Doodle, Earth Buttons, Elephant, Energiser, Grounder, Lazy 8s, Neck Rolls, Rainbow, Rocker, Space Buttons, Think of an X, Thinking Cap
Writing Legibly	Arm Activation, Double Doodle, Lazy 8s, Alphabet 8s